

Suggested Checklist of Equipment Needed by Candidates Going Through the Ordeal

List 'A' (For a Night Outside)

- Ground Cloth
- Bedroll and Pillow
- Tarp and rope to make shelter in case of rain
- Rain Gear
- Insect Repellant
- Canteen
- Toiletries
- Backpack (recommended, but optional)
- **Flashlight** for checking sleeping area **only**.
(Leave it turned off at all other times except
for emergencies.)

List 'B' (For during the day Saturday)

BSA appropriate Work Clothes
Sturdy Shoes
Work Gloves
Canteen – Nalgene- Water Bottle
Hat/Sunglasses
Sunscreen

List 'C' (For Saturday Evening and Overnight)

- The Official Uniform – shirt, scout pants, clean socks
(for ceremony and dinner)
- Toiletries, including shower items and towel
- Money for Lodge trading post
- Tent (for Saturday night, if you stay)
- Sleepwear
- **Flashlight** (for Saturday night, if you stay)

Do not Bring

Open toed shoes of any kind
Food (unless medically necessary)
Drinks other than water
Reading materials
Phones should be OFF or left in
your Scoutmasters car (No Texting
until after the banquet)

Safety First!!

1. **Avoid heat stress**-Drink lots of water. **Drink Lots of Water!** There will be plenty of water on hand at the worksites. The Ordeal is not an endurance contest, so don't overexert yourself. Let someone know immediately if you begin to feel bad. There will be scheduled breaks during the day, but you will probably need water more often than during the scheduled breaks.
2. **Power tool safety**-Power tools are only to be used by **adults ONLY**. (Eye protection **must** be worn when operating power tools.)
3. **Ladder safety**-Whenever someone is on a ladder, someone else must be on the ground holding the ladder steady. Don't take chances! Don't overextend your reach when you are on a ladder.
4. **Vehicle safety**-Always be aware of traffic in camp. Under NO circumstances may a Scout ride in the back of a truck.
5. **Hand and foot protection**-Be aware of your hands and feet at all times. Be careful not to drop materials or tools. Sturdy footwear should be worn and open toed shoes of any kind are **prohibited** in camp. Also, a pair of work gloves may come in handy.
6. **Lift safely**-Always bend your knees and not your back when lifting to avoid back injuries. Never attempt to lift an object that is too heavy for you to lift alone. Everyone should help one another to lift heavy objects.